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RCL Foods: Finance / HR Internships 2026 New Hiring

Description

RCL Foods offers a dynamic and enriching internship opportunity for individuals passionate about gaining hands-on experience in both finance and human resources. As one of the leading food production companies, RCL Foods provides a stimulating environment where interns can contribute meaningfully to the finance and HR functions while learning from seasoned professionals.

Responsibilities

- **Finance Internship:**
 - Assist in financial data analysis, reporting, and forecasting.
 - Collaborate with finance teams on budgeting and variance analysis.
 - Support in the preparation of financial statements and audits.
 - Participate in financial planning processes and projects.
- **HR Internship:**
 - Aid in recruitment and selection processes by coordinating interviews and candidate communication.
 - Assist in onboarding new employees and facilitating orientation programs.
 - Contribute to HR administration tasks, including maintaining employee records and databases.
 - Support HR projects related to talent development, employee engagement, and performance management.

Qualifications

- Pursuing or recently completed a Bachelor's/Master's degree in Finance, Human Resources, Business Administration, or related fields.
- Strong analytical and problem-solving skills.
- Excellent communication and interpersonal abilities.
- Proficiency in MS Office suite (Excel, Word, PowerPoint).
- Ability to work effectively both independently and in a team.
- Eagerness to learn and contribute proactively to projects.

Job Benefits

1. Learning and Development Opportunities:

- Mentorship from seasoned professionals in the finance and HR fields.
- Exposure to real-time projects that enhance practical skills and knowledge.
- Workshops, training sessions, and seminars to augment professional growth.

2. Career Advancement:

- Opportunity for potential future employment based on performance.
- Networking opportunities within RCL Foods and the broader industry.
- Insights into various career paths within finance and HR functions.

Hiring organization

RCL Foods

Employment Type

Intern

Duration of employment

3 Months

Industry

Food and Beverage Manufacturing

Job Location

Westville, KwaZulu-Natal, South Africa, 3629, Westville, KwaZulu-Natal, South Africa

Working Hours

09

Date posted

November 9, 2025

Valid through

05.01.2028

3. Valuable Experience:

- Hands-on experience in financial analysis, reporting, and HR administration.
- Exposure to diverse aspects of the business operations within a leading food production company.
- Contributing to meaningful projects and making a tangible impact.

4. Supportive Work Environment:

- Inclusive and diverse workplace culture fostering collaboration and teamwork.
- Support from colleagues and supervisors to ensure a positive learning experience.
- Opportunities to contribute innovative ideas and be heard within the company.

5. Compensation and Perks:

- Stipend or compensation commensurate with the duration and scope of the internship.
- Access to company facilities and resources during the internship period.
- Potential additional benefits based on the duration of the internship (e.g., travel stipends, health benefits, etc.).

6. Flexibility and Work-Life Balance:

- Potential flexibility in work hours or remote work options, depending on the nature of the internship and company policies.
- Emphasis on maintaining a healthy work-life balance to ensure personal well-being.

7. Community Engagement and Impact:

- Involvement in corporate social responsibility initiatives or community projects organized by RCL Foods.
- Contributing to a company that focuses on nourishing communities through its food production and sustainability efforts.

Contacts

Interested candidates are invited to submit their resume/CV along with a cover letter explaining their interest in the internship, relevant skills, and availability. Shortlisted applicants will be contacted for further assessment and interviews.