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## Unilever Internships Opportunities 2026 | 2027 Apply Now

### Description

Unilever, a global leader in consumer goods, is offering exciting internship opportunities across various departments. With a rich legacy of innovation and sustainability, Unilever is committed to shaping a brighter future through its diverse range of products and initiatives.

Unilever offers paid internships to provide valuable hands-on experience and exposure to the dynamic world of consumer goods. This program is designed to nurture talent, foster professional growth, and develop future leaders in the industry.

### Responsibilities

- Collaborate with experienced professionals in your chosen field to contribute to ongoing projects and initiatives.
- Gain practical insights into the day-to-day operations of a global consumer goods company.
- Participate in training sessions, workshops, and networking events to enhance your skills and broaden your knowledge.
- Take ownership of assigned tasks and projects, demonstrating creativity, initiative, and problem-solving abilities.
- Analyze market trends, consumer behavior, and industry dynamics to support strategic decision-making.
- Contribute to cross-functional teams to drive innovation, efficiency, and sustainability across the organization.

### Qualifications

- Currently enrolled in a Bachelor's or Master's degree program, preferably in a related field.
- Strong academic background with a GPA of [specify if applicable].
- Excellent communication, interpersonal, and organizational skills.
- Ability to work independently and as part of a team in a fast-paced environment.
- Passion for consumer goods, marketing, sustainability, or related areas.
- Proficiency in Microsoft Office suite and other relevant software applications.
- Previous internship experience or extracurricular activities related to the desired internship track is a plus.

### Job Benefits

- Competitive compensation package.
- Opportunity to work with industry-leading professionals and mentors.
- Exposure to diverse projects and challenges that will enhance your skills and knowledge.
- Potential for long-term career opportunities with Unilever.
- Access to Unilever's employee benefits and development programs.

### Hiring organization

Unilever

### Employment Type

Intern

### Duration of employment

3 Months

### Industry

Health, Wellness &&&  
Fitness

### Job Location

Cape Town, Western Cape, South Africa, 8000, Cape Town, Western Cape, South Africa

### Working Hours

09

### Date posted

October 18, 2025

### Valid through

03.01.2027

## Contacts

1. **Review Available Internship Opportunities:** Explore the internship positions available at Unilever by visiting their official website or checking out job postings on various platforms.
2. **Prepare Your Application Materials:** Update your resume to highlight your relevant skills, experiences, and educational background. Write a compelling cover letter that showcases your passion for the consumer goods industry and explains why you are interested in interning at Unilever. Be sure to tailor your application materials to the specific internship track(s) you are interested in.
3. **Submit Your Application:** Follow the instructions provided in the job postings to submit your application materials. This may involve applying through Unilever's online application portal or sending your documents via email. Make sure to include all required documents and information as outlined in the job description.
4. **Wait for a Response:** After submitting your application, be patient and wait for a response from Unilever's recruitment team. They may reach out to you via email or phone to schedule interviews or provide further instructions.
5. **Prepare for Interviews:** If you are selected for an interview, take the time to prepare by researching Unilever's company culture, values, and recent projects. Practice answering common interview questions and be ready to discuss your qualifications, experiences, and career goals.
6. **Attend Interviews:** Attend interviews with enthusiasm and professionalism. Dress appropriately, arrive on time, and be prepared to articulate why you are a good fit for the internship position.
7. **Follow Up:** After the interview, send a thank-you email to the interviewers expressing your appreciation for the opportunity to interview with Unilever. This demonstrates your professionalism and continued interest in the internship role.